

GLADNESS

Music Sync Massager

Operation Manual



Music Sync Massager

Thank you for purchasing the Music Sync Massager. Please read the operation manual thoroughly for the correct methods of usage and take special notice of the safety section before you start.

This manual should be kept on hand for easy reference on safe and efficient operation of the Music Sync Massager.

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IMPORTANT SAFETY INSTRUCTIONS

When using the product, all instructions and basic precautions should always be followed, including the following:

DANGER – To reduce the risk of electric shock:

Always unplug this product from the electrical outlet immediately after use and before cleaning.

WARNING – To reduce the risk of burns, fire, electric shock, or injury to persons:

- 1) The product should never be left unattended when plugged in. Unplug from outlet when it is not in use and before putting on or taking off parts.
- 2) Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- 3) Close supervision is necessary when this product is used by, or near children, invalids, or disabled persons.
- 4) Use this product only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- 5) Never operate this product if it is dropped, has a damaged cord or plug, a malfunction, or it is dropped into water. Return the product to service center for examination and repair.
- 6) Do not carry this product by its supply cord or use cord as a handle.
- 7) Keep the cord away from heated surfaces.
- 8) Never operate the product with the air openings blocked. Keep the air openings free of lint, hair and the like.
- 9) Never drop or insert any object into any opening.
- 10) Do not use outdoors.
- 11) Do not operate where aerosol (spray) products are being used or where oxygen is administered.
- 12) To disconnect, switch off all controls and remove plug from outlet.
- 13) The product is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities or with the lack of experience and knowledge - unless they have been given supervision or instruction concerning use of the product by a person responsible for their safety.
- 14) Children should be supervised to ensure that they do not misuse the product.

SAVE THESE INSTRUCTIONS

This product is intended for household use only

Safety

Usage environment

- Do not use the Music Sync Massager in an excessively humid or dusty environment such as bathroom since this may result in malfunction, electric shock or damage to the product.
- Do not use the Music Sync Massager in a room with temperature of 40°C or higher.
- Do not expose the Music Sync Massager to heaters, stoves or direct sunlight.
- The Music Sync Massager designed for home use and not for commercial purposes.

Caution

- The Music Sync Massager is to be used indoors only.
- If you use the Music Sync Massager in a cold room, do not increase the room temperature abruptly. It is recommended that you increase the temperature gradually.
- If the Music Sync Massager is brought into a warm environment from a cold place where it was stored, wait for one hour before use as there may be water droplets on mechanical parts due to condensation. Using it under such condition may result in malfunction.

Safety precautions for injury and malfunction prevention

- To ensure safe and correct use of the Music Sync Massager, do not operate it without carefully reading this operation manual.
- Do not use the Music Sync Massager when the fabric cover is torn.
- Do not use the Music Sync Massager with other therapeutic equipment or electric blanket, etc.
- Do not use the Music Sync Massager an hour before and after mealtime as this may have adverse effects on the user.
- Do not use the Music Sync Massager when your body is wet.
- Do not operate the Music Sync Massager with wet hands.
- Do not perform continuous massage on the same spot of your body for more than 5 minutes at a time as this may result in excessive stimulation and adverse effects.
- Do not insert any object or flammable material into the Music Sync Massager. This may result in electric shock, malfunction or risk of fire.
- Stop using immediately should you experience any discomfort.
- Do not cover the Music Sync Massager during operation. This may result in a rise in motor temperature and subsequent malfunction or fire.

Safety

- Some level of noise during usage is normal because of the tapping function.
- This product is not intended for self-diagnosis or self-treatment for conditions that should be managed by a qualified health care provider.
- If you are under medication or with medical conditions, please consult your doctor before use. Do not use the product if you are not feeling well.
- Please consult your doctor before use if you are pregnant or menstruating.
- The suggested usage duration is 10 minutes. Ensure that the Music Sync Massager rests for 10 minutes before it is being used again as continuous usage over a long period may activate the overheat protection device.

Caution

- Avoid using the Music Sync Massager under the influence of alcohol or when you are not feeling well.
- Do not apply massage knobs directly on head, joint of elbows and knees, breasts or abdomen.
- Remove power plug from the electrical outlet immediately should liquid be accidentally spilled onto the Music Sync Massager. Do not use wet hands to connect or disconnect the power plug from the electrical outlet.
- Do not tamper with the power cord or use the Music Sync Massager with a damaged cord as this may result in malfunction and an electric shock. Contact GLADNESS Service Centre for servicing.

Instances when the Music Sync Massager should not be used

In any of the following events, please switch off the main power immediately and disconnect the power cord from the electrical outlet. Contact the GLADNESS Service Centre for servicing.

- Water is accidentally spilled onto the Music Sync Massager. This may result in electric shock.
- Fabric cover is torn and the internal components are exposed
- Abnormal or severe pain is felt during massages. Stop usage immediately and consult your doctor.
- Detection of any malfunction or any other abnormal condition during operation
- Power failure. Injury may occur when power is restored unexpectedly.
- Lightning storm.

Assembly and repair of the Music Sync Massager

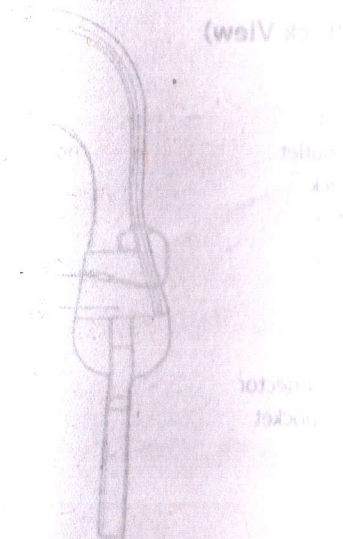
- Do not disassemble the fabric cover of the Music Sync Massager. Touching the internal components of the Music Sync Massager may result in malfunction or an electric shock.
- The Music Sync Massager must only be serviced or repaired by the GLADNESS Service Centre.

Safety

Things to note about the power plug and cord in case of malfunction and electric shock

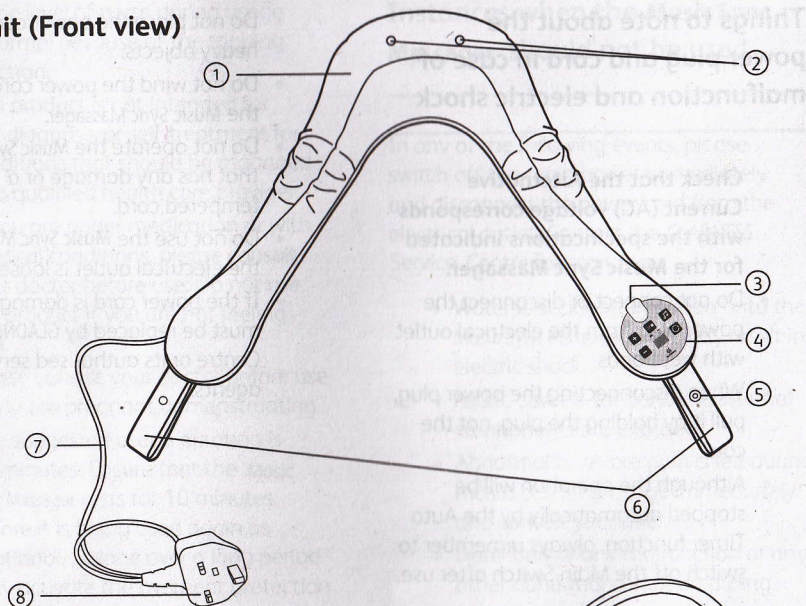
- Check that the Alternative Current (AC) voltage corresponds with the specifications indicated for the Music Sync Massager.
- Do not connect or disconnect the power plug from the electrical outlet with wet hands.
- When disconnecting the power plug, pull it by holding the plug, not the cord.
- Although the operation will be stopped automatically by the Auto Timer function, always remember to switch off the Main Switch after use.

- Do not place the power cord under heavy objects.
- Do not wind the power cord around the Music Sync Massager.
- Do not operate the Music Sync Massager that has any damage or a tempered cord.
- Do not use the Music Sync Massager if the electrical outlet is loose.
- If the power cord is damaged, it must be replaced by GLADNESS Service Centre or its authorised service agents.



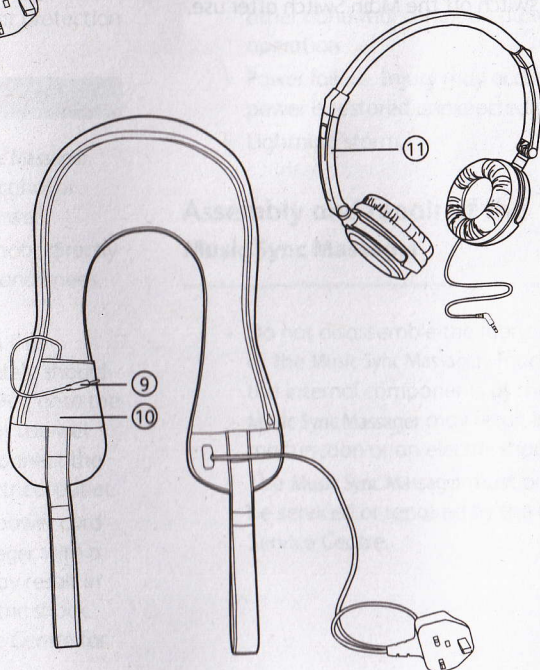
Names of parts and functions

Main unit (Front view)



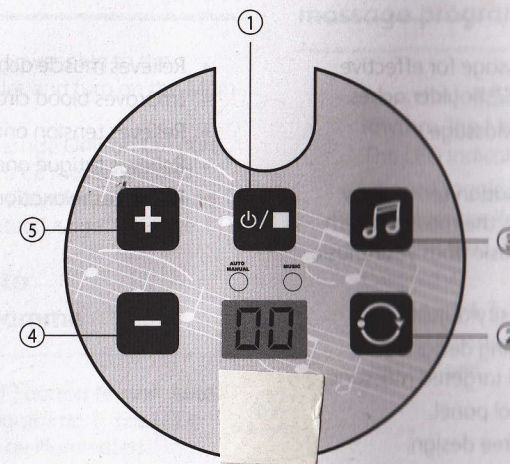
Main unit (Back View)

1. Massage unit
2. Ventilation outlet
3. Earphone jack
4. Control panel
5. Button
6. Straps
7. Power cord
8. Power plug
9. Music sync connector
10. Music player pocket
11. Earphone



Names of parts and functions

Control Panel



1. [⏻] 'Start/Stop' button
2. [↺] 'Auto/Manual Massage Programme' button
3. [🎵] 'Music' button
4. [−] 'Intensity Level Down' button
5. [+] 'Intensity Level Up' button

Features and effectiveness

Features

- Power Drum Massage for effective relief from neck & shoulder aches.
- 22 Rhythm-Tap Massage Programmes.
- Music synchronisation technology that synchronises the massage with your favourite music from your music player.
- 11 levels of intensity adjustment.
- Snug body-hugging design for a comfortable and targeted massage.
- One-touch control panel.
- Portable hands-free design.
- Built-in auto timer of 10 minutes.
- Stylish earphone provided.

Effectiveness



- Relieves muscle aches and stiffness.
- Improves blood circulation.
- Relieves tension and reduces stress.
- Relieves fatigue and tiredness.
- Promotes relaxation.

Operations



Preparation before use

- Connect the power plug to the electrical outlet and turn on the Main Switch.
- Place the Massage Unit on the part of the body to be massaged and make sure it is comfortably secured. (See "Suggested Usage" on page 11)

To start the auto massage programme

- Press the [] button to start Auto Massage Programme 1. The LED indicator will be illuminated.
- You can toggle Auto Massage Programmes 1-3 by pressing the [] button. (See fig 1)
- Press the [+] or [-] button to adjust massage intensity of your desired level.

To start the rhythm-tap massage programme

- Press the [] button to start Rhythm-Tap Massage Programme 1. The LED indicator will be illuminated.
- You can toggle between Rhythm-Tap Massage Programmes 1-15 by pressing the [] button. (See Fig 2)
- Press the [+] or [-] button to adjust massage intensity to your desired level.

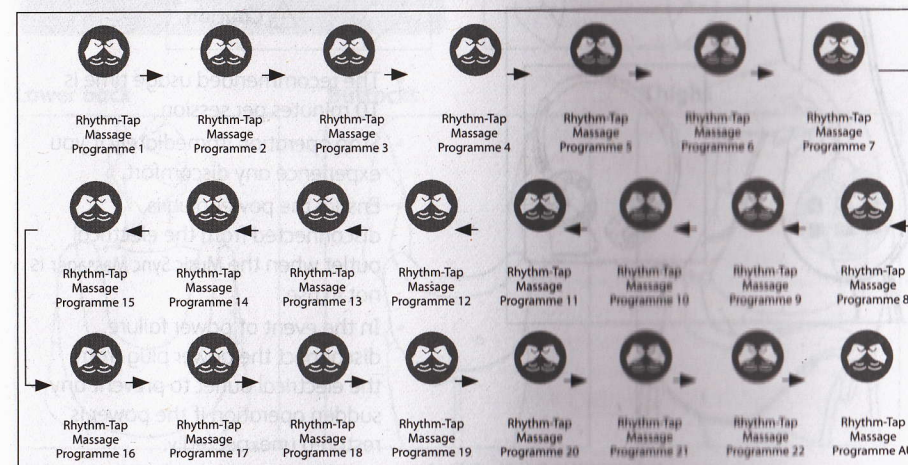
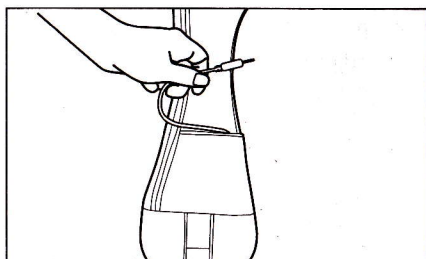


Fig 1

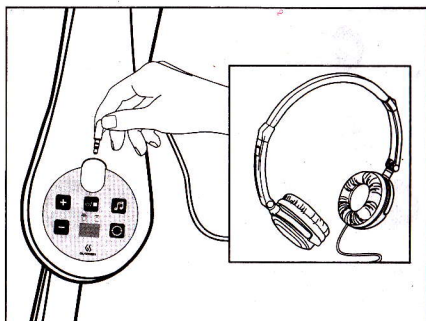
Operations

To start the music synchronisation

- Pull out the music sync connector (3.5mm in diameter) which is mounted inside the music player pocket at the left side, behind the controller. Connect to your music player.



- Connect your earphone to the earphone jack (3.5mm in diameter) which is mounted on the top edge of the controller.



- Turn on the music according to your music player's instructions.
- Press the [🎵] button to start the massage with music synchronisation.

Note

- Music synchronisation is not applicable to the 'Auto' and 'Rhythm-tap' programmes. It is being operated based on the rhythm of the music source.
- Turn off the [🎵] button when not in use to prevent random external impulse signals from triggering the Music Sync Massager's massaging functions.

To end massage

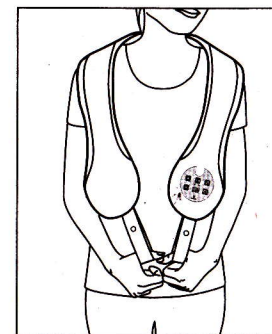
- Press the [⏏] button at any time to stop the massage.

Caution

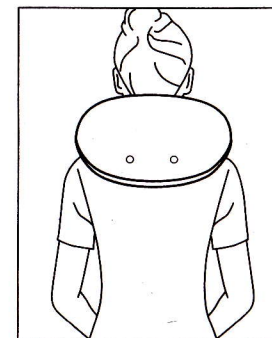
- The recommended usage time is 10 minutes per session.
- Stop operation immediately if you experience any discomfort.
- Ensure the power plug is disconnected from the electrical outlet when the Music Sync Massager is not in use.
- In the event of power failure, disconnect the power plug from the electrical outlet to prevent any sudden operation if the power is restored unexpectedly.

Suggested usage

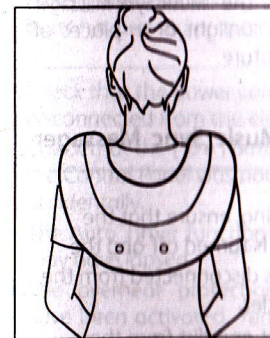
How to use the straps



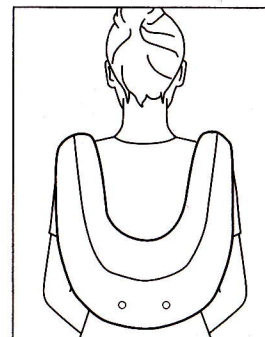
Neck & Shoulder



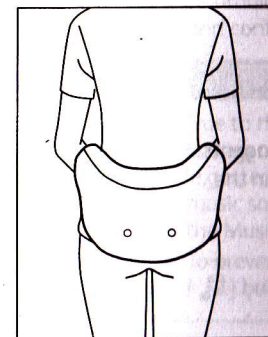
Upper back



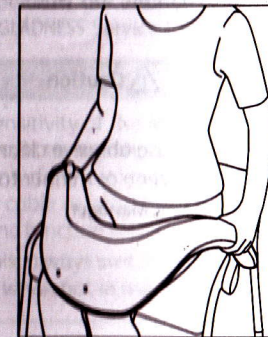
Lower back



Buttocks



Thighs



* Before adopting other positions, ensure that you switch off the Music Sync Massager first.

Product care and storage

Storing the Music Sync Massager

- Keep the Music Sync Massager clean and away from places of high humidity.
- If the Music Sync Massager is not to be used for a long period of time, cover the Music Sync Massager with a dust cover and unplug its power plug from the electrical outlet.

Caution

- Do not store the Music Sync Massager under direct sunlight or in places of high temperature.

Cleaning the Music Sync Massager

- Before cleaning, ensure that the Main Switch is turned off and the power plug is disconnected from the electrical outlet.
- Wipe off dust and dirt from the Music Sync Massager after each use with a clean, soft cloth.

Caution

- Do not use abrasive cleaning agents like benzene or thinner to clean the Music Sync Massager.

Cleaning the control panel

- Use only soft dry cloth to clean the control panel.

Caution

- Do not use a damp cloth to clean the Control Panel as this may result in malfunction.

Troubleshooting

If you encounter problems with the operation of the Music Sync Massager, please check the following points to see if they can be rectified. If the Music Sync Massager still malfunctions or does not work, please turn off the Music Sync Massager and remove the power plug from the electrical outlet. Contact GLADNESS Service Centre* for servicing.

Do not dismantle or attempt to repair the Music Sync Massager yourself. Doing so will void the warranty and GLADNESS will not bear any responsibility for any subsequent consequences.

Problem	Possible Cause / Action
<ul style="list-style-type: none">• The Music Sync Massager will not start.	<ul style="list-style-type: none">• Check that the power plug is securely connected to the electrical outlet.• Check that the electrical outlet is switched on.• Ensure that the massage programme button is pressed properly.
<ul style="list-style-type: none">• The massage stops midway.	<ul style="list-style-type: none">• Check that the power cord has not been disconnected from the electrical outlet.• Check that the [] button on the Control Panel was not pressed accidentally.• The Auto Timer function of 10 minutes may have lapsed.• The overheat protection device may have been activated. Turn off the Main Switch and allow the Music Sync Massager to cool down.• If problem persists, discontinue usage and contact GLADNESS Service Centre.
<ul style="list-style-type: none">• The Music Sync Massager massage tappers operate without any music source playing.	<ul style="list-style-type: none">• This is normal.• Due to the sensitivity of the Music Sync Massager. It reacts to any impulse signal (e.g. external interferences) received at the music source cable or headphones when the Music Sync function is turned on.• To prevent this, always switch off the [] button when not in use.

Product warranty is valid only in the country of purchase.

Specifications

Model : Music Sync Massager

Model Number :

Voltage Available & Power Consumption : 220-240V~ 50/60Hz (180W)
 220V~ 50Hz (180W)
 110V~ 60Hz (180W)



Correct Disposal of this product

This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.