## Catalong

Product brief Downlood and install the health bracelet App 3
Setting and Bluetooth pairing parameters 3
Health bracelet parameter 5 Power management 5 Appearance design 6 Bluetooth wireless synchronous 7
Step counting 7 Sleep monitoring 8 Stopwatch 8 Mattersneeding attention 9

#### Product brief

The body is small and portable, simple and fashion, colorful wristbands. The movement result, sleep quality score datasynchronization to APP (easily scan the two-dimensional code, it can be downloaded to the Android mobile phone, and the function of bracelet can be controlled by health bracelet APP knocking gently twice, the screen will be light again. When the bracelet is switched to the sleep state, intelligent will monitor the quality of your sleep, let you stick out a mile to the quality of your sleep, let you stick out a mile to the quality of your sleep. With more accurate energy consumption technology, to step number, mileage of units, the Calorie is burned by activities would be accurately calculated, making you know clearly that how much distance movement and Calorie consumes. It also provides real-time monitoring service for serious weight loss and exercise user-lealth bracelet with OLED organic luminous display, visual angle of 60 ° pull over, and can effectively save energy, prolong the life time.24 hour wear, security 0 radiation, comfortable wear without any menace from the "rear". No need to link the data line, with the intelligent terminal software, you can use APP more easily to grasp the movement for yourselves and manage data. It can even start the data synchronization by one key, and supports for Bluetooth data transmission.

### (I) download and install the health bracelet APP program

To use "health bracelet", you must have a "healthy Bracelet " APP. Android mobile phone please scan two-dimensional code box above, download and install Android version of "health bracelet" APP.motion will be updated to the bracelet. Synchronous data, the data will be energy consumption and sleep monitoring uploaded to APP





## (II) the two parameter setting and Bluetooth pairing

Please open the APP interface, enter the bracelet set interface, as shown in fig.. Each interface bracelet set, you need to write down data in accordance with vourself and save

3

Step second operation second operation: on the search interface of Bluetooth Bracelet

2 then open APP data synchronization interface, as shown in Figure 1
3 Click on the time synchronization and data synchronization function, "start" into "health bracelet" Bluetooth search interface, search after the success of Figure 2 represents.
4. Then please click on "Health Bracelet" named Bluetooth synchronization / data synchronization. Time synchronization, consistent Bracelet standby time and mobile phone standby time, related settings bracelet, such as during the day, night mode, mode of motion will be updated to the bracelet. Synchronous data, the data about energy consumption and sleep monitoring will be uploaded to APP.

Figure 1

Figure 2

With synchronous operating instructions, please refer to "6.1 Bluetooth wireless synchronization instructions" function to complete the data synchronization

synchronization.
Reminder:
the bracelet and the standby time of the mobile
phone is not consistent, you need to synchronize
the time. Data synchronization need to synchronize

everyday Data will be uploaded to the APP bracelet. Health bracelet APP changes on the set, health bracelet and APP to use the synchronization time can become effective

### (III) healthy Bracelet parameters

LCD size: 0.91 'OLED Net weight: 31G Bracelet Function: display / step / sleep monitoring / Bluetooth / stopwatch The Bluetooth standard: 2.1+EDR Standby time: 36h

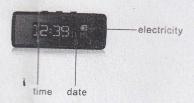
(IV) power supply management

This machine use lithium complexes battery powered, battery indicator ", "jum" "that is full of electricity power grid. When the power indicator is displayed as ", "persesenting the surplus electricity is insufficient, please charge it in time. Health bracelet only charge 2 hours can be filled, convenient and quick.

5

# (V) design description

charging interface return key confirm key power button/ main menu Togglekey 000



6

# (VI) the menu operation

4

6.1Bluetooth wireless synchronization Pleasepress the confirm button to enter the main menu- Bluetooth interface. Againpress the confirm button to enter the Bluetoothcan be searchedinterface approximation and then open be searchedinterface and then ope the APP'synchronization' interface, click on the "start" function, APP will start to search for Bluetooth devices, the APP has to search forBluetooth devices, find a match "and bracelet sequipment HealthBracelet" named Bluetooth, ploase click on the "APP interface HealthBracelet" Bluetooth, an arbitrary APP and bracelet will pop-up pairingpassword interface he button to confirm the bracelet can be synchronized, synchronous success will pop-up "Bluetooth synchronization success" pop-up box. Synchronization isnot successful will pop up "Bluetooth with the unsuccessful" pop-upbox.

Reminder: APP andbracelet second pairing, Bluetooth will not need to match the password, can bedirectly data synchronization.

The 6.2 step counting The 6.2 step counting
Entering the main menu, press the power
key menu switching to step function
interface, press the confirm button to enterthe
two stage stepinterface
is set to the objectives you wantto complete and step
numbers you have completed; in the press the enter
buttonagain into being step interface
if you want to stop the step, please press the back if you want to stop the step, please press the back key C or power button

6.3sleep monitoring & S.FEF 6.3sleep monitoring
Enteringthe main menu, press the
power key. It is switch to sleep monitoring
function interface, When no sleep records, sleep
monitoring, interface will display space, as shown
in fig
The next morning you can see
sleep monitoring situation last night, reflect the following
icon will represent your quality of sleep last night.
This graph represents the sleep This graph re monitoring the picture represents poor:

(VII) matters needing attention

Do not drop or impact with a hard object, otherwise it may result in surface grinding machine, data loss or other hardware damage. Please don't try to analysis or modification of the machine, which can cause problems or Prevent product warranty. Please don't use chemical agent or detergent to clean hands, it can damage the surface of the machine and corrosive paint. and corrosive paint.

and corrosive paint.

In order to avoid overheating or fire, please do not use overload power, bending or extrusion power line with heavy weights,

Do not put the equipment exposed to a humid environment or rain water, if water or moisture, may lead to equipment failure, even can't repair.

The flashlight battery is not a detaching, do not remove the battery. do not remove the battery.

6.4stopwatch (15)

Enteringthe main menu, press the power key.toswitch to a stopwatch function interface, Enter the stopwatch function, cantest, check the current run time Enteringstopwatch interface, press the confirm button to enter the stopwatchinterface, again press the confirm button to start counting the time. To stop the timer, press confirm key : to continue the currenttime please press the enter button again; If you want tore start time, press the power button.

99 excellent