Wireless Wrist Band operation guidance

1.Parameters:

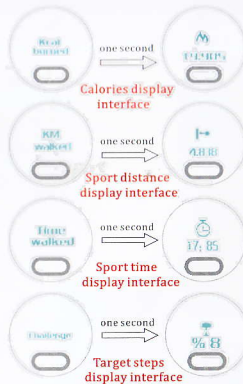- Bluetooth version:Bluetooth 4.0
- Input voltage:DC 5V
- Range of application:-20℃-60℃

### 2.Screen display introduction

2.1.Double-click the touch-operation area of the band ,screen will be bright with below display:

194 C
4:14

2.2.Per single press to switch below sport display interface:

Steps taken → one second →
Steps display interface

Kcal burned → one second → 1215
Calories display interface

KM walked → one second → 0.88
Sport distance display interface

Time walked → one second → 17:85
Sport time display interface

Challenge → one second → 98
Target steps display interface

2.3.Long press the touch-operation area will enter sleep detecting mode
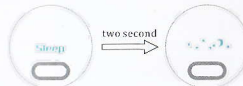
Sleep → two second →
2.4.Under sleep detecting mode of the bright screen,long press the touch-operation area will return time display interface

→ two second → Time
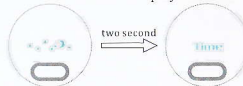
2.5.Charging the Band
When the Band is low battery,please charge it via the accessory USB cable,the charging symbol display on the screen

charge port
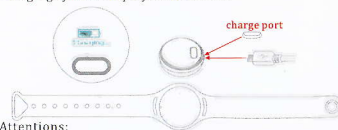
Attentions:

- When charging,sport record and sleep detecting are invalid
- When battery energy was totally used up,it needs about 1.5 hours for full charging
- Disconnect the charging cable,it will return time display interface

Downloading app from mobile phone:
Searching " SmartFit "(SmartFit-Wristband)on the software store or google play of mobile phone,and download it.
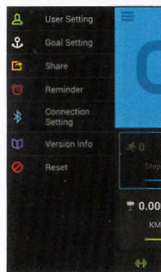Mobile phone needs android 4.3 or higher versions,or IOS 7.0 or higher versions

After downloading and installation,there is " 🔲 "symbol in mobile phone,please click it and enter,will see below interface:

3.1.Click " " and displays connection setting as below picture:

3.2.Click connection setting to enter setting,it displays below picture:

- Auto Upload
- Searching Device. . .

3.3.Quickly single press the Band to make sure the screen in bright,force Band device is under searched status

- Auto Upload
- Searching Device. . .
- Bluetooth searching name SmartFit--xx:xx

3.4.Entering searching Bluetooth device status,when software displays "SmartFit—xx:xx",slip it from left to right,then displays green word "connected"(for Android system).For IOS system,just need to click "connected"

- Auto Upload
- Searching Device. . .
- Connected
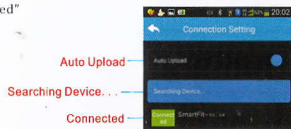
3.5.After click "Connect",at same time,Band device display ten seconds connection countdown as below

3.6.At this time,double press Band key,the screen will display searching progress bar

On the left corner of app software,it displays red dot " ",at same time,Band displays Bluetooth symbol in the time display mode,indicates that Band is connected successfully with app software,displays Bluetooth symbol

Attentions:
Toggle "Auto Upload" to upload sport record and sleep record from Band to app software (in sleep mode,sport data won't update to app software)

4.1. There are four activities interface in the sport interface,respecvively displays steps,calories burned(KCal),sport distance(KM) and sport time (Duration)at a day.


4.2.In the sport interface,click" 🔘 "and enter history record interface, search sport overall data history,day history,week history and month history.
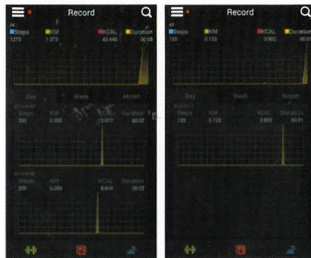
4.3.In the sport interface,click" 🐋 "and enter sleep interface,can search day history,week history and month history.

After successful connection,return to main interface,then finish User Setting and Goal Setting,after that,all data from Band will be sync with app software. Besides,there are other three main functions as below:
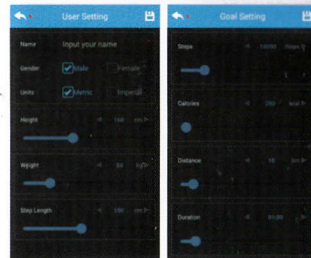

5.1.Sharing function
In the main interface,click"Share"to social media,slip up or down to view the content sharing,click sharing to view platform and choose one to share. (sharing platform will be different according to different software installed from mobile phone)

5.2.Reminder function:

In the main interface,click"Reminder"to enter reminder setting interface,
set sedentary and drinking time.When it is at reminder time,Band device
will have 3 seconds vibration,single press it will turn it off.

sedentary reminder   drinking reminder
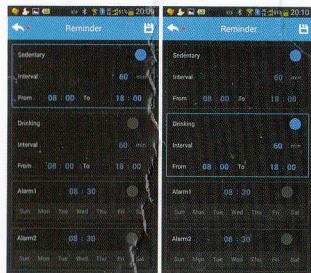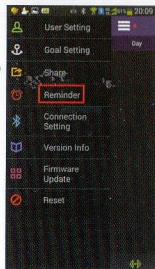
5.3.Two sets of alarm function

When it is at alarm reminder time,Band device
will have 10 seconds vibration,single press it
will turn it off