

Before you start

- 1. It is helpful to see video of others riding to improve your chances of sucess.
- 2. Before you launch yourself go to find a location where you can hold on a rail or wall and move alongside it for at least 15 minutes. This will give you a feel of how to turn the Skate cycle and keep it in line.
- 3. Always wear a helmet and pads, and ride within your skill level to avoid injury.
- 4. Persons over 13 years age can use this product.
- 5. Please inspect it to see if the screws are loose before using , in case of causing unnecessary damage.





Step 1

Make sure you know whether your stance is goofy or regular (your forward foot). Have the Skate cycle on the floor tilted on the platfcrm. pointing slightly outwards, with center of yourfoot over center of the platform.



Step 2

Do the same with the front foot and press down on the platform to level it so you can balance while standing still.



Step 3

Push off by pressing your weight on back foot. Then shift weight quickly towards your front foot simultaneously raising the back platform to level. Alternate between pointing feet inwards and outwards to gain momentum. See below for foot pattern and upper body movements.



Step 4

Keep your arms out to maintain balance until you push off(step 3 above)

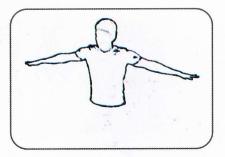
Step 5

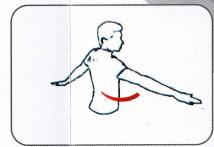
Keeping your arms stretched out turn your toes outwards as you twist your upper body outwards.

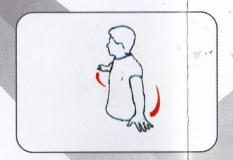
Step 6

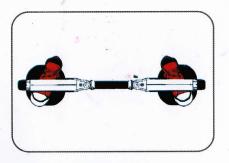
Keeping your arms straight twist your upper body so your leading arm and body goes inwards as you point both toes inwards.

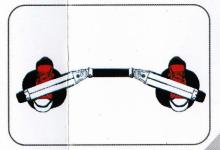
INSTALLATION DIAGRAM 1: plastic gasket X4 2: Fixed pin X2 3: Bolt X2 4: Neck Pin X2

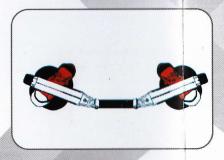












Lower and upper body close up 1:

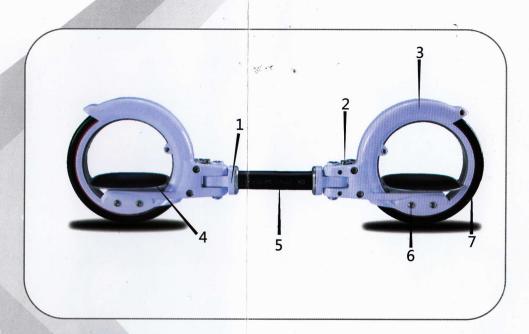
Upper body:Keep your arms out to maintain balance until you push off(step 3 above)

Lower and upper body close up 2:

Upper body:Keep your arms straight and twist body so your leading arm and body goes inwards as you point both toes inwards.

Lower and upper body close up 3:

Upper body: As you turn your toes outwards twist your upper body outwards. As you get better you will not need to keep your arms out to propel fordward.



- 1. Connection part
- 2. Neck Pin
- 3. Frame-2sides
- 4. Platfofm/Inner Rim
- 5. Cross Bar
- 6. Spacers x8(inside frame)
- 7. Tire/Outer Rim

