User Manual


2. Installing:
   a) Push the battery tool into the notch and open the back cover.
   b) Place the battery into the back cover with (+) side facing the cover.
   c) Align “12” on the back cover with the notch on the front cover.
   d) Press the two pieces together.

   After the installation, the LED lights should be showing the following sequence: all turn on, all goes off, half turn on, all turn on. Then Otium Ballon is ready.

3. Wearing Otium Ballon:
   a) Clasp:

   ![Clasp Diagram]

   Attach the Clasp magnet to the back of Shine.
   Loop the Clasp into the groove.

   b) Sport Band wristband:

   ![Sport Band Diagram]

   Pop ball into the Sport band so it fits into the groove.
   Feed the button through the loop and snap it into a hole so the Sport band fits snug around your wrist.

4. Wearing Positions:
Ballon can be wore at different positions according to the different activities. For walking and running, you can wear it on wrist, waist or on foot. For cycling, it would be more accurate to wear it on your foot or ankle. For swimming, wear it on your wrist. For any other activities, wear it on the part of body that is moving the most.

5. Using Ballon:

Tapping and Displays

a) Double-tapping the device with one or two fingers to check progress toward your daily activity goal.

![Double-tapping](image)

b) Triple-tapping:

By default, triple-tapping initiates the pedometer function. The lights radiate upwards from 6 to 12 position.

6. Using Movnow app:

a) "Movnow" app can be download from APP store. It is compatible with iPhone 4S, iPad 3, iTouch 5 and any device above these version.
b) Open the app and follow the instructions to create an account for new users or log in if you already have one.
c) Sync ballon with your device. The light radiates clockwise during synchronization. When synchronization completes, the light is off and the app shows sync complete.
d) After the synchronization, Ballon is linked to your device. Only one Ballon can be linked to one account at a time. If you would like to link to another device, make sure you unlink Ballon first.
e) The latest software can be updated from App store. Ballon can be upgrade automatically by linking it to your device.