Product brief

The body is small and portable, simple and fashion, colorful millionads. The movement could, sleep quality score daily synchronization to APP, sleep score scan the two-dimensional code, it can to be downloaded to the Android mobile phone, and the function of bracelet can be controlled by health bracelet APP. Knocking gently twice, the screen will be light again. When this bracelet is switched to the sleep state, intelligent will monitor the quality of your sleep, let you stick out a mile to the quality of your sleep. With more accurate energy consumption technology, to step number, mileage of units, the Calorie is burned by activities would be accurately calculated, making you know clearly that how much distance movement and Calories consumes. It also provides real-time monitoring service for serious weight loss and exercise use health bracelet with OLED organic luminous display, visual angle of 60° pull over, and can effectively save energy, prolong the life time, 24 hour wear, security 0 radiation, comfortable wear without any memory from the "rear". No need to link the data line, with the intelligent terminal software, you can use APP more easily to grasp the movement for yourselves and manage data. It can even start the data synchronization by one key, and supports for Bluetooth data transmission.

(1) download and install the health bracelet APP program

To use "health bracelet", you must have a "healthy bracelet" APP Android mobile phone please scan two-dimensional code box above, download and install Android version of "health bracelet", press the APP icon will be updated to the bracelet. Synchronous data, the data will be energy consumption and sleep monitoring uploaded to APP.

II the menu operation

(6) Bluetooth wireless synchronization

![Image of Bluetooth interface]

**Catalog**

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Step second operation:
1. Open the search interface of Bluetooth bracelet
2. Then open APP, data synchronization interface, as shown in Figure 1
3. Click on the time synchronization and data synchronization function, "start" into "health bracelet" Bluetooth search interface, search after the success of Figure 2 represents
4. Then please click on "Health bracelet" named Bluetooth synchronization / data synchronization. Time synchronization, consistent bracelet standby time and mobile phone standby, related settings, bracelet, such as during the day, night mode, mode of motion will be updated to the bracelet. Synchronous data, the data about energy consumption and sleep monitoring will be uploaded to APP.

With synchronous operating instructions, please refer to "6.1 Bluetooth wireless synchronization instructions" function to complete the data synchronization.

Reminder: the bracelet and the standby time of the mobile phone is not consistent, you need to synchronize the time. Data synchronization need to synchronize everyday Data will be uploaded to the APP bracelet, Health bracelet APP changes on the set, health bracelet APP to use the synchronization time can become effective

III healthy Bracelet parameters

LCD size: 0.91" OLED
Net weight: 31g Bracelet
Function: display / sleep / sleep monitoring / Bluetooth / stopwatch
The Bluetooth standard: 2.1 + EDR
Standby time: 36h

IV power supply management

This machine use Lithium complete battery powered, battery indicators “ ” that is full of electricity power grid. When the power indicator is displayed as “ " ”, representing the surplus electricity is insufficient, please charge it in time. Health bracelet only charge 2 hours can be filled, convenient and quick.

(V) design description charging interface

![Image of charging interface]

(VI) the menu operation

6.1 Bluetooth wireless synchronization

Please press the confirm button to enter the main menu-Bluetooth interface, Agpress the confirm button to enter the Bluetooth connect interface, and then open the APP-synchronization interface, click on the "Start" function, APP will to start to search for Bluetooth devices, the APP has to search for Bluetooth devices, find a match "and bracelet equipment HealthBracelet" named Bluetooth, our application APP and bracelet will pop-up pairing/word interface, click on the button to confirm the bracelet can be synchronize successfully, you will be pop-up Bluetooth synchronisation success" pop-up box. Synchronization need successful will pop up "Bluetooth with the application APP successful" pop-up.

Reminder: APP and bracelet second pairing, Bluetooth will not need to match the password, can indirectly data synchronization.

The 6.2 step counting

Entering the main menu, press the power key to open menu, a selection, enter the Bluetooth interface, press the confirm button to enter the two-stage sleep interface, display interface, is set to the objectives you want to complete, and step numbers you have completed, in the press the enter button, into being step interface and set, if you want to stop the step, please press the back key or power button.

6.3 sleep monitoring

Entering the main menu, press the power key to switch to sleep monitoring interface, When no sleep records, sleep monitoring, interface will display space, as shown in Fig 1: Empty. The next morning you can see sleep monitoring situation last night, reflect the following icon will represent your quality of sleep last night. This graph represents the sleep monitoring - the picture represents very poor: good: very good: general: excellent

(VII) matters needing attention

Do not drop or impact with a hard object, otherwise it may result in surface grinding machine, data loss or other hardware damage. Please don't try to analysis or modification of the machine, which can cause problems or Prevent product warranty. Please don't use chemical agent or detergent to clean hands, it can damage the surface of the machine and corrosive paint. In order to avoid overheating or fire, please do not use overload power, banding or overloaded power line with heavy weights. Do not put the equipment exposed to a humid environment or rain water, if water or moisture, must lead to equipment failure, even can't repair. The flashlight battery is not a detachable, do not remove the battery.