1st Step
Please put the mobile phone into the phone clamp

2nd Step
Fix the mobile phone clamp on the screw

3rd Step
Stretch the monopod

4th Step
Enter mobile phone camera application

With the function of shooting on any occasions, the feature for light, stable, portable and expanse easily, this expansion link will be your good helper for selfie and capturing HD picture. Made of hard aluminium alloy and used 1/4 inch screw thread in connector, it is suitable for cell phone, card camera, mini mirrorless camera, mini household DV, GOPRO sport cameral when using time lapse function.

Main material: Aluminum
Weight: 136 g
Extends to: 94 cm
Closes to: 30 cm
Section: 4
Max loading: 500 g